



2020 Military and Veterans Mental Health Summit

Due to the ongoing public health crisis, this year's summit will be virtual!

Monday, August 31 – Friday, September 4

Schedule

Monday, August 31

10 – 11:30 a.m.

Keynote Address: "Veterans Perceptions of Behavioral Health Services"
Dr. Larence Kirby, LPCMH, (USAF Retired)
Executive Director, Delaware Office of Veterans Affairs

Tuesday, September 1

10 – 11 a.m. or 2 – 3 p.m.

"Virtual Resources and Telehealth"

Wednesday, September 2

10 – 11 a.m. or 2 – 3 p.m.

"Suicide Prevention, Intervention, and the Crisis Hotline"

Thursday, September 3

10 – 11 a.m. or 2 – 3 p.m.

"Personal Self-Care"

Friday, September 4

10 – 11 a.m. or 2 – 3 p.m.

"Cognitive Approach to Resiliency"

**This is a free event; however, registration is required!
CEUs are not being offered.**

The login information to access each session will be sent out prior to the event.

[Click here to register!](#)

Additional information pertaining to the summit, including access to the PowerPoint slides, will be available at the Mental Health Association in Delaware's website (www.mhainde.org) the last week of August.

For summit related questions, contact Jennifer Smolowitz (jsmolowitz@mhainde.org)